Department of Laboratory Medicine

Tomokazu Matsuura, *Professor*Hiroshi Yoshida, *Professor*Kenichi Sugimoto, *Professor*Yoji Ogasawara, *Associate Professor*Yoshihiro Mezaki, *Assistant Professor*Midori Kouno, *Assistant Professor*

Ken Kaito, *Professor*Hironari Sue, *Professor*Kouji Nakada, *Professor*Takahiro Masaki, *Assistant Professor*Sae Ochi, *Assistant Professor*Setuko Akizuki, *Assistant Professor*

General Summary

We performed a wide range of research in clinical laboratory medicine, including practical studies of infectious disease tests, biochemical tests, blood tests, physiological function tests, and clinicopathological tests. In addition, future subjects of our department will be of the development of collection methods of clinical information, medical safety measures, the new development of brain function tests, application to clinical tests of mass spectrometry, and functional tests using stable isotope ¹³C-labeled compounds.

Research Activities

Clinical microbiology

We participated in medical education programs to provide basic clinical skills training for medical students. In addition, we were appointed to be examiners of objective structured clinical examinations for students in years 4 and 6. Basic and clinical research on viral hepatitis and liver fibrosis was conducted, and our manuscript about transforming growth factor β and liver fibrosis was published in the journal *Heliyon*. We also investigated the effects of metoformin, a widely used pharmacotherapeutic agent for type 2 diabetes, on intestinal microflora in mice. We attempted to perform the chromatographic analysis of volatile organic compound patterns in exhaled breath from patients with inflammatory diseases.

Clinical chemistry

We studied gastric emptying and fat digestive and absorptive function after various types of gastrectomy by ¹³C-breath tests. Function-preserving gastrectomy attenuated rapid gastric emptying, which is usually seen after conventional gastrectomy. This attenuation might, in part, explain the mechanism of ameliorating postgastrectomy syndromes, such as diarrhea and dumping.

Professor Yoshida and others demonstrated that the diet therapy of the weight-loss program decreased chylomicron cholesterol and decreased cholesterol/alpha tocopherol of lipoprotein(a) (unpublished data). In the meantime, we have reported that angiotensin II can enhance matrix metalloproteinase 2, mainly through angiotensin II receptor type 2, in endothelial cells (J Cardiovasc Pharmacology 2018; 71: 233-9).

Safety management in clinical laboratories

Because accidents occurring in a laboratory sometimes have harmful results, software and hardware must be improved and safety measures, based on an understanding of human thought, must be ensured. We analyzed situation monitoring, situation awareness, and action to complete the safer work. When accidents occurred in our department, they were due to inadequate observation and confirmation, 80%; communication errors, 11%; and poor procedures, 9%. Most of the accidents were derived from heuristics brought by quick thought after recognition of the target. To avoid the judgment by heuristics, basic confirmation practices should be customarily performed.

Clinical hematology

We are studying the pathophysiology of bone marrow failure syndrome. To assess the optimal treatment for acquired aplastic anemia we analyzed the clinical and laboratory data of patients with aplastic anemia who received immunosuppressive therapy at our hospital.

Clinical psychiatry

We discussed a patient with nonconvulsive status epilepticus and psychic problems. We have conducted a study of epilepsy in adult patients taking Resilience into consideration and a study of the reconsideration of rational antiepileptic drug polypharmacy. We held the 12th Kanto-Koushinetsu regional epilepsy meeting in June. We are planning to establish the Epilepsy Center of The Jikei University Hospital.

Clinical physiology

Research was conducted on the accuracy of automatic electrocardiogram analysis for diagnosing arrhythmia. In the clinical area, we continued research related to catheter ablation of atrial fibrillation and reported the results in several journals.

Clinical pathology and clinical cell biology

Vitamin A is needed for many physiological functions, including vision, reproduction, embryonic development, and maintenance of epithelia. We have analyzed cellular retinol-binding protein I and lecithin:retinol acyltransferase in polar bear liver, which contained a large amount of vitamin A, and found a strong co-localization of these 2 proteins.

Publications

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Reviews and Books

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