

Epistatic Interaction of LPL and PPAR γ Genes in Adipocytes by Exposure to Dioxin

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ABSTRACT

Aim : To clarify the effects of dioxins on adipocytes during differentiation by analyzing gene expression of lipoprotein lipase (LPL) and peroxisome proliferator activated receptor (PPAR) γ .

Method : Murine 3T3-L1 preadipocytes were treated with 50 nM 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), and the messenger (m) RNA levels of PPAR γ and LPL were measured during insulin-induced differentiation. To analyze epistatic interaction between PPAR γ and LPL, we performed knock-down of PPAR γ mRNA by small interfering (si) RNA and examined the relationship between the expression of PPAR γ mRNA and LPL mRNA. We also examined the relationship between LPL and PPAR γ when PPAR γ was over-expressed in a stable transformant.

Results : Levels of LPL mRNA and PPAR γ mRNA in TCDD-exposed cells were significantly lower than those in unexposed cells ($p=0.00053$ and 0.00078 , respectively). The siRNA for PPAR γ also reduced mRNA of PPAR γ by 65.4% and that of LPL by 82.8%. However, when the PPAR gene was over-expressed, levels of LPL mRNA were higher than in untreated 3T3-L1 preadipocytes ($p=0.0005$), even after treatment with TCDD.

Discussion : The observed correlation between LPL mRNA and PPAR γ mRNA suggests that LPL gene transcription is down-regulated, possibly through epistatic interaction with PPAR γ , whose gene expression is primarily inhibited by TCDD. (Jikeikai Med J 2008 ; 55 : 19-24)

Key words : endocrine disruptors, adipocyte, peroxisome proliferator activated receptor γ , lipoprotein lipase, diabetes mellitus

INTRODUCTION

Of identified dioxins, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD) is the most toxic to humans. TCDD has been shown to inhibit adipocyte differentiation¹. In addition, several epidemiological studies have shown that dioxins can cause diabetes mellitus^{2,3}. To cause this metabolic disturbance, dioxins interfere with the actions of insulin at insulin-sensitive organs, including adipose tissue, and eventually decrease glu-

cose tolerance. Therefore, to understand environmental factors that might be associated with the increased worldwide prevalence of type 2 diabetes⁴, we must clarify how dioxins affect metabolic pathways in adipocytes.

In adipocytes, peroxisome proliferator activated receptor (PPAR) γ and lipoprotein lipase (LPL) are both expressed abundantly⁵. In 3T3-L1 adipocytes, the LPL gene is up-regulated by PPAR γ during insulin-induced adipocyte differentiation. LPL expres-

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sion is a marker of adipocyte differentiation, and PPAR γ determines the adipocyte phenotype, including the stage of differentiation. Therefore, LPL is critical for the development of insulin resistance in adipose tissue when the function and expression of LPL are disturbed⁶. In the present study, we examined whether dioxin modifies adipocyte function, including the expression of LPL, an effector molecule of insulin. Accordingly, we examined changes in LPL expression and analyzed the relationship between LPL and PPAR γ after adipocytes were exposed to the dioxin TCDD. To investigate the mechanism of the observed change in LPL expression, we also analyzed the relationship between PPAR γ messenger (m) RNA and LPL mRNA by knock-down through small interfering (si) RNA and by over-expression of PPAR γ .

MATERIALS AND METHOD

1. Cell culture, induction of adipocyte differentiation, and TCDD treatment

Murine 3T3-L1 preadipocytes were obtained from the American Type Culture Collection (Rockville, MD, U.S.A.) and were maintained in Dulbecco's modified Eagle's medium (Nikken Biomedical Laboratories, Fukuoka, Japan) with 10% calf serum at 37°C in a 5% CO₂ environment. To induce differentiation, 3T3-L1 cells at 2 days after the culture reached confluence were exposed to a differentiation medium containing 1 μ M dexamethasone, 0.5 mM 3-isobutyl-1-methylxanthine, and 1 μ g/ml insulin⁷. TCDD (50 nM) was then added to this culture medium for 7 days. The medium was changed every 2 days.

2. RNA extraction and slot blot analysis

Total cellular RNA was extracted from 3T3-L1 cells (RNeasy Mini kit, Qiagen Inc., Valencia, CA, U.S.A.). For slot blot analysis, 10 μ g of the total cellular RNA was transferred onto a nylon membrane (Hybond N, Amersham Biosciences Corp., Piscataway, NJ, U.S.A.) by means of a Filtration manifold system (Life Technologies Inc., Grand Island, NY, U.S.A.) and were then subjected to hybridization to complementary (c) DNA murine PPAR γ or LPL

gene. The probes were labeled with the random primers method with α -³²P-dCTP (deoxycytidine triphosphate) (Amersham Biosciences Corp.). Densitometric analysis of autoradiographs was performed with an image analyzer (BAS2000, Fujifilm Co., Tokyo, Japan) and analysis software (NIH Image V1.56, United States National Institutes of Health; available on the Internet at <http://rsb.info.nih.gov/nih-image/>). The level of the mRNA specific for each gene was standardized with the level of murine β -actin mRNA using the same blots.

3. Suppression LPL mRNA by siRNA

Duplex-DNAs siRNA targeted PPARs were purchased from Panomics (Redwood City, CA, U.S.A.). The siRNA duplexes were used for transfection with LipofectamineTM2000 (Invitrogen, Carlsbad, CA, U.S.A.) to 100-mm culture plates. The 3T3-L1 cells were treated to induce differentiation and cultured in 10 mL of Dulbecco's modified Eagle's medium with 10% calf serum without antibiotics. For each plate of cells, 4 μ g of TranSilent siRNA PPAR Vector DNA and TranSilent siRNA Control Vector were transfected. The TranSilent siRNA Vector DNA contains the following 3 DNA fragments (PPAR-F1: GCTGTCC TGGCTCAGATGGTTCAAGAGACCATCTAGCCAG GACAGCTTTTT; PPAR-F2: GGCCTCAGGCTAT CATTACTTCAAGAGAGTAATGATAGCCTGAGGC CTTTTT; and PPAR-F3: GCTGGTGTATGACA AGTGCTTCAAGAGAGCACTTGTCATACACCAGC TTTTTT). The cells were incubated at 37°C in a CO₂ incubator for 2 days after transfection, and differentiation was induced. Seven days after differentiation had been induced, the cells were harvested and were subjected to extraction of total cellular RNA.

4. Over-expression of the PPAR γ gene

To study 3T3-L1 cells that over-express PPAR γ , stable transformants of 3T3-L1 cells were established with a plasmid cytomegalovirus vector containing the PPAR γ gene. The stable transformants were then selected with geneticin for colony isolation and were designated as 3T3-L1/PPAR γ cells. The 3T3-L1/PPAR γ cells were exposed to the differentiation medium and TCDD. The first day of TCDD treat-

ment and differentiation-induction was defined as day 0.

The amount of LPL or PPAR γ mRNA was determined with slot blot hybridization on the same day.

5. Statistical analysis

The level of each mRNA is presented as mean \pm SD relative abundance units (RAUs) with a maximum of 1.00 in unexposed 3T3-L1 cells standardized with each β -actin mRNA. The data were analyzed statistically with Student's *t*-test. Differences were considered significant when $p < 0.05$.

RESULTS

1. Suppression of LPL and PPAR γ expression in TCDD-exposed 3T3-L1 adipocytes

To determine how LPL expression in adipocytes is affected by exposure to dioxins during the insulin-induced differentiation, we first examined levels of LPL mRNA after adipocyte differentiation was induced.

Levels of LPL mRNA in TCDD-exposed 3T3-L1

adipocytes were significantly lower than those in cells not exposed to TCDD (0.61 ± 0.05 RAU, $p = 0.00053$; Fig. 1a and 2a).

Levels of PPAR γ mRNA in TCDD-exposed adipocytes were significantly lower than those in unexposed cells (0.47 ± 0.01 RAU, $p = 0.00078$; Fig. 1b and 2b). From these experiments, it appeared that PPAR γ mRNA abundance was lowered by dioxin treatment, and that the low LPL by dioxin was accompanied at least by lower mRNA abundance of PPAR γ .

2. Knock-down of PPAR γ mRNA levels with a specific siRNA decreased LPL expression

To analyze the precise mechanism of the TCDD-induced decrease in LPL mRNA, we performed knock-down experiments; interfering with the PPAR γ mRNA using a siRNA that was specific for PPAR instead of the TCDD exposure. Specific interference of PPAR γ decreased levels of LPL mRNA (Fig. 2a and 2b). The PPAR siRNA reduced PPAR γ mRNA to 65.4% (0.65 ± 0.11 RAU, $p = 0.186$) and LPL mRNA to 82.8% (0.83 ± 0.38 RAU, $p = 0.302$). Although the observed changes did not reach the level of statistical

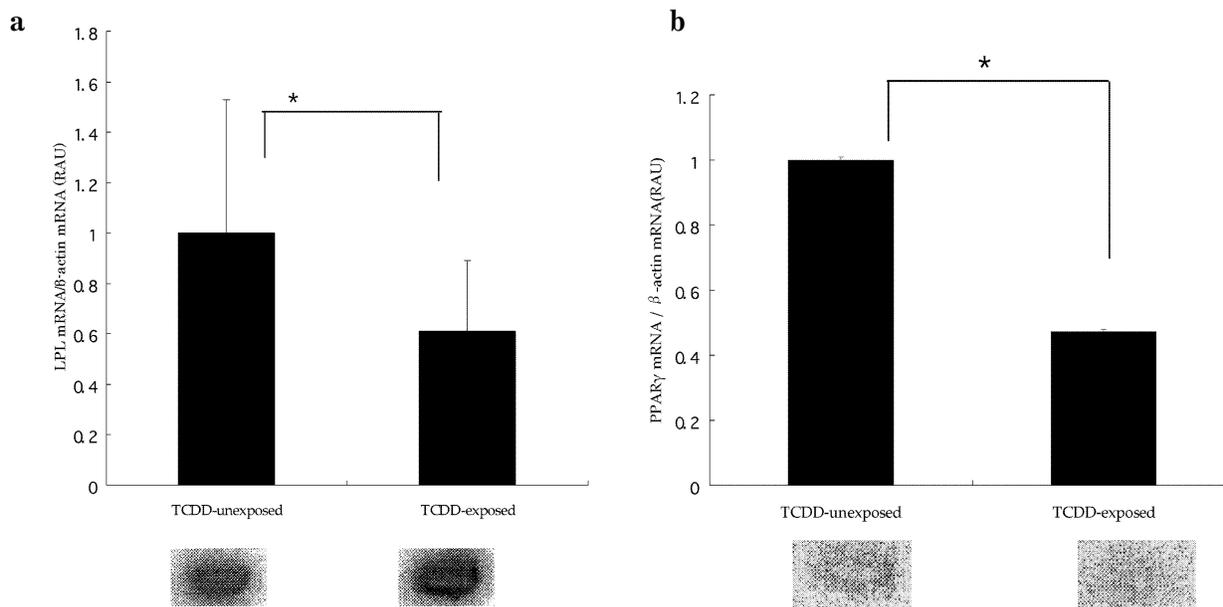


Fig. 1a, 1b. LPL and PPAR γ mRNA expression in adipocytes exposed to TCDD. LPL mRNA (a) and PPAR γ mRNA (b) in adipocytes were examined in adipocytes exposed to TCDD. Levels of mRNA were standardized with the level of murine β -actin mRNA. Levels of LPL and PPAR γ mRNA in TCDD-exposed 3T3-L1 adipocytes were significantly lower than those in TCDD-unexposed cells ($p = 0.00053$ and $p = 0.00078$, respectively).

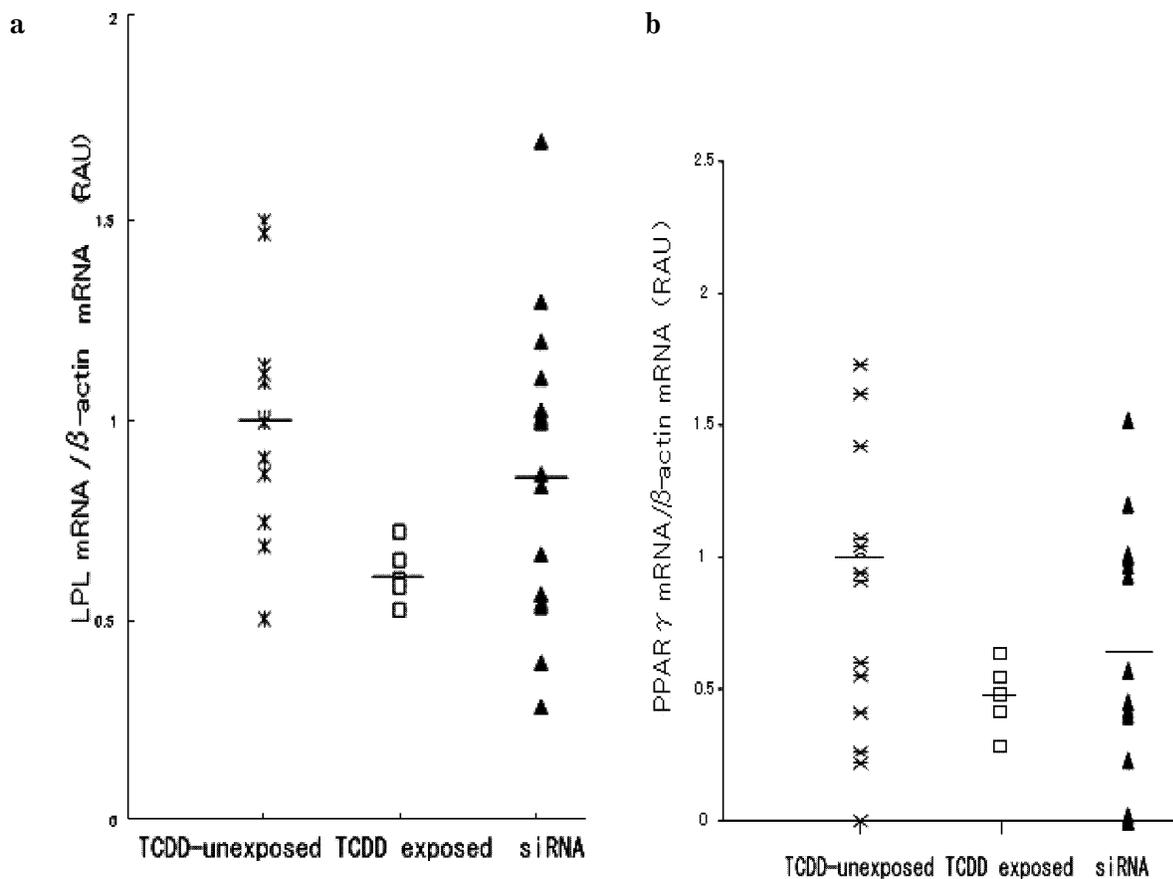


Fig. 2a, 2b. Correlation between LPL and PPAR γ mRNA expression by knocked-down using PPAR γ siRNA. Specific interference of PPAR γ decreased PPAR γ and LPL mRNA levels (65.4% and 82.8%, respectively). There was no significant difference in PPAR γ and LPL mRNA levels between 3T3-L1 cells transfected by PPAR-siRNA or by a control vector. The horizontal lines indicate the mean of each group.

significance, down regulation of LPL expression resulted from the decrease in PPAR γ without TCDD treatment.

3. Restoration of LPL mRNA expression by over-expression of PPAR γ in TCDD-exposed 3T3-L1 adipocytes

To further investigate the relationship between PPAR γ and LPL, we next observed correlation between mRNA abundance of PPAR γ and LPL with TCDD exposure in PPAR γ -over-expressed 3T3-L1 cells (3T3-L1/PPAR γ). In this over-expression system, we confirmed the consistent over-expression of PPAR γ mRNA. Even when the 3T3-L1/PPAR γ cells were exposed to TCDD, levels of LPL mRNA and of PPAR γ mRNA increased compared with those of TCDD-exposed cells (LPL RAU ; 1.29 ± 0.65 ,

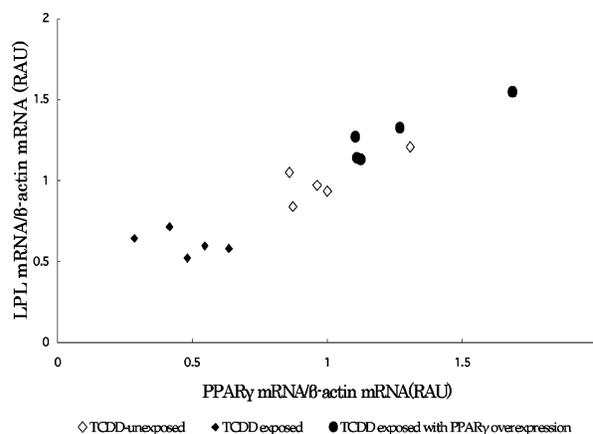


Fig. 3. Correlation between LPL mRNA and PPAR γ mRNA expression by enhanced PPAR γ gene expression

The relationship between PPAR γ mRNA and LPL mRNA levels after TCDD exposure in PPAR γ -over-expressing 3T3-L1 cells was examined. Levels of LPL mRNA and of PPAR γ mRNA were correlated in each cell type ($p = 0.00004$, $r = 0.932$).

$p=0.0005$, PPAR γ RAU; 1.26 ± 0.17 , $p=0.0005$, respectively). Furthermore, LPL mRNA levels were correlated with PPAR γ mRNA levels in unexposed 3T3-L1 cells, TCDD-exposed 3T3-L1 cells, and TCDD-exposed 3T3-L1/PPAR γ cells ($r=0.932$, $p=0.00004$; Fig. 3).

DISCUSSION

Differentiating adipocytes are a major target of the dioxin TCDD, as observed in this study. Insulin stimulates expression of LPL at the transcriptional level in adipocytes and increases excretion of LPL from adipocytes. Extracellular LPL hydrolyzes triglycerides into free fatty acids and glycerol. The adjacent adipocytes then incorporate the increased fatty acids and accumulate triglycerides within adipocytes during differentiation⁸⁻¹¹. Dioxins interfere with the actions of insulin adipocytes by inhibiting LPL mRNA expression and eventually inhibiting adipocyte differentiation. The expression of LPL is regulated by insulin and transactivation factors that affect adipocyte differentiation. In the present study

we aimed to identify the mechanism by which dioxin antagonizes the actions of insulin, with a focus on LPL mRNA expression, as the expression of LPL is controlled at the transcriptional level. We found that exposure to the dioxin TCDD decreased LPL gene expression in differentiating adipocytes.

To determine the mechanisms for decreased expression of LPL by dioxins in differentiating adipocytes, it is important to analyze whether LPL expression is down-regulated by the attenuated activity of PPAR γ because PPAR γ is a potential transactivating factor for LPL transcription⁷ and a key regulator of adipocyte functions, including glucose and fat metabolism. There are two possible mechanisms for PPAR γ attenuation: the first is that the potency of the PPAR γ molecule is decreased by dioxin exposure and that the potency of PPAR γ regulates mainly the transactivation of the LPL gene; the second possible mechanism is that the amount of PPAR γ , including mRNA, is decreased rather than the potency of PPAR γ and that the amount of PPAR γ regulates mainly the transactivation of the LPL gene. In this study, we found that the latter

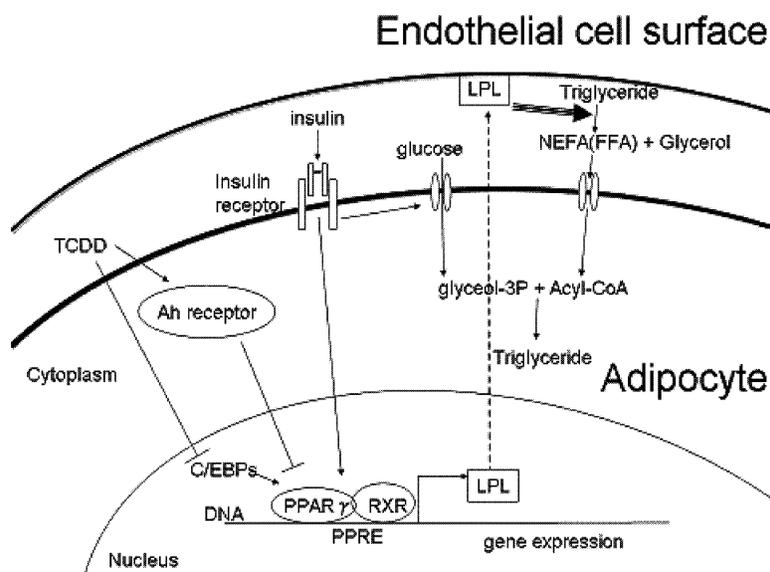


Fig. 4. The mechanism by which TCDD effects PPAR γ and LPL in adipocytes. Two potential pathways for the attenuation of PPAR γ gene transcription by exposure to dioxin. The dioxin-arylhydrocarbon receptor complex might inhibit PPAR γ activity. Dioxin also might inhibit CCAAT/enhancer binding proteins to activate PPAR γ . Insulin increases expression of LPL in adipocytes. The expressed LPL is excreted from adipocytes and migrates to the endothelial cell surface and hydrolyzes triglycerides to provide fatty acids to adipocytes. However, insulin stimulates adipocytes to uptake fatty acids as well as glucose, activates hormone-sensitive lipase, and, eventually, promotes synthesis of triglycerides within adipocytes.

mechanism is most likely. In our experiment, LPL expression was restored even when the adipocytes were exposed to TCDD as long as the PPAR γ gene was fully expressed by the cytomegalovirus promoter that would be never affected by the dioxin. Furthermore, we observed a strong correlation between the levels of LPL mRNA and PPAR γ mRNA. These results could be explained by attenuated transcription of PPAR γ by dioxin combined with arylhydrocarbon receptor or secondary inhibition through attenuation of CCAAT/enhancer binding proteins by dioxin¹²⁻¹⁴. Decreased transactivating potency of the PPAR γ molecule is not likely because, in our experiment, once PPAR γ levels were restored, LPL levels were also restored even after exposure to dioxin. The proposed mechanism of dioxin toxicity in terms of insulin action on adipocytes is summarized in Fig. 4¹⁵.

Our present study suggests that endocrine disruptors, including dioxins, are potential environmental factors for increasingly prevalent disorders, especially insulin resistance syndrome, through effects on the differentiation and functions of adipocytes.

CONCLUSION

Exposure to TCDD resulted in inhibition of the insulin-induced differentiation of the 3T3-L1 preadipocytes with decreased expression of the LPL gene. The observed correlation between LPL and PPAR γ mRNAs suggests that LPL gene transcription is down-regulated, possibly through epistatic interaction with PPAR γ , whose gene expression is primarily inhibited by TCDD.

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